



Making the right to health a reality



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Institute



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Acknowledgment of Country

The Australian Human Rights Institute acknowledges the Bedegal people of the Eora Nation as the Traditional Custodians of the land on which our office is built. We confirm our support for the Uluru Statement from the Heart which calls for a constitutionally guaranteed Voice to Parliament.

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Published

September 2021



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Executive summary

The right of everyone to the enjoyment of the highest attainable standard of physical and mental health is recognised in article 12 of the *International Covenant on Economic, Social and Cultural Rights (ICESCR)*. Like many other rights, the right to health is interrelated with and dependent upon the realisation of a number of other human rights.

This report provides an overview of the human right to health, how it applies in the Australian context and examines how its implementation might differ if acknowledged as a right to health incorporated in a national charter of rights.

Many of the *ICESCR* rights, including the right to health, are reflected in the provision of public services in Australia, but such services cannot be claimed as a right and can be withdrawn at any time.

A national charter of rights and freedoms would benefit the whole Australian community and have an important impact on the protection of health rights in Australia. It would help prevent human rights violations, provide a powerful tool for challenging injustices and foster a culture of understanding and respect for human rights.

A right to health would help promote the principles of accessibility, availability, acceptability and equality consistently in health systems across Australia and would be a powerful first step in achieving equal access to health for everyone.

The Australian Human Rights Institute has joined with other leading rights organisations in Australia to campaign for a national charter of rights. We believe that a full right to health should be recognised in a charter so that everyone can access quality healthcare when they need it, regardless of their background.

You can visit charterofrights.org.au for more information on this campaign and to keep up to date with its news and activities.

What is the right to health?

The right of everyone to the enjoyment of the highest attainable standard of physical and mental health is recognised in article 12 of the *International Covenant on Economic, Social and Cultural Rights* ('ICESCR').¹

Since the adoption of the *ICESCR* in 1966, global health issues have changed significantly and the COVID-19 pandemic has recently brought global attention to the implementation of this right.

The right to health is not a right to be 'healthy'.² Governments in countries around the world are not expected to ensure the good health of all people within their borders or provide protection against every cause of ill-health.³ Instead, the right to health should be understood as the right to the necessary facilities, goods, services, and conditions that a government has the responsibility to provide for its people so they can attain a reasonable standard of health.⁴

The right to health under article 12 has two key elements: the right to timely and appropriate health care and the right to the underlying determinants of health.⁵

The right should be implemented in a manner that ensures non-discrimination and equal treatment to all.⁶

Like many other rights, the right to health is interrelated with and dependent upon the realisation of a number of other human rights, including the rights to an adequate standard of living, work, education, privacy, non-discrimination and equality.⁷ It is also reflected


in other international human rights treaties, which affirm and expand the application of the right to health as it applies to different marginalised groups in society.⁸

The Australian Government has accepted that it has specific obligations and duties under international law to respect, protect and fulfil the right to health.⁹

- **Duty to respect:** Australia has a duty to cease any acts that directly violate the right to health.¹⁰ It must also refrain from interfering directly or indirectly with anyone's enjoyment of the right to health.¹¹
- **Duty to protect:** Australia must adopt legislation or take other measures to prevent third parties (mainly individuals, groups or corporations within the private health sector) from violating the right to health of others.¹²
- **Duty to fulfil:** Australia must facilitate, provide and promote the right to health by adopting 'appropriate legislative, administrative, budgetary, judicial, promotional and other measures towards the realisation of the right to health.'¹³

However, human rights obligations and duties under international law are not automatically enforceable in Australia unless they have been implemented through domestic legislation and the *ICESCR* (as a whole) has not. The 'external affairs' power under the Australian Constitution gives the Commonwealth Parliament the authority to enter international human rights treaties such as the *ICESCR*.¹⁴ Although states and territories also have an important role in promoting economic, social and cultural rights, it remains a federal responsibility to enact domestic legislation compatible with its international human rights obligations.

Many of the *ICESCR* rights, including the right to health, are reflected in the provision of public services in Australia, but such services cannot be claimed as a right and can be withdrawn at any time.



“Australia has been described as having a ‘patchwork quilt’ approach to the protection of human rights, pieced together from an unplanned and uncoordinated collection of constitutional provisions, common law, legislation, policies and procedures, and institutions across state, territory and national jurisdictions, with the notable absence of a national human rights law.”¹⁵

Australia’s existing human rights framework

In December 2008, the Australian Government launched a national consultation to consider the protection and promotion of human rights in Australia at a federal level. Known as the ‘National Human Rights Consultation’, its key recommendation was that Australia should adopt a federal human rights act or charter.¹⁶ The Australian Government instead adopted a more limited human rights framework, part of which involved the introduction of a parliamentary scrutiny process under the *Human Rights (Parliamentary Scrutiny Act) 2011 (Cth)* (*‘Parliamentary Scrutiny Act’*).

The *Parliamentary Scrutiny Act* establishes a Parliamentary Joint Committee on Human Rights which examines and reports to the Commonwealth Parliament on the human rights compatibility of any proposed Bills, legislative instruments, and other matters referred to it by the Commonwealth Attorney-General.¹⁷ Members of Parliament who want to introduce a new law must also table a ‘statement of compatibility’ in Parliament that

assesses whether the proposed law is compatible with the rights and freedoms contained in the seven core international human rights treaties that Australia has signed.¹⁸

Concerns have been expressed about the quality of these compatibility statements¹⁹ and the limited impact of the parliamentary scrutiny regime in protecting and enhancing human rights.²⁰ The *Parliamentary Scrutiny Act* does not specifically protect or promote human rights and only states how the Commonwealth Parliament can examine new laws in light of Australia’s international human rights obligations.²¹ Even if a law is declared to be non-compliant with these human rights obligations, the Commonwealth Parliament can choose to still pass the law.²² Courts at a federal level also have no role in determining whether human rights have been breached and individuals cannot seek a remedy under the *Parliamentary Scrutiny Act* if their human rights have been violated.²³

States and territories: human rights and the right to health

The Australian Capital Territory (ACT), Victoria, and Queensland are the only three Australian jurisdictions with their own statutory charter of human rights. Each recognises aspects of the right to health to varying extents.

The ACT's *Human Rights Act 2004* (ACT) sets out fundamental civil and political rights, including the right to life²⁴ and protection from torture and cruel, inhuman or degrading treatment under which no one may be subjected to medical treatment or experimentation without their consent.²⁵ Victoria also includes these two rights amongst the 20 rights protected in the *Charter of Human Rights and Responsibilities Act 2006* (Vic) (*Victorian Charter*).²⁶

Queensland's recently-enacted *Human Rights Act 2019* (Qld) is largely consistent with Victoria and the ACT's model of rights, following a 'dialogue' model which aims to 'promote a discussion or dialogue about human rights' between the three branches of government: the legislature, the executive and the judiciary.²⁷ However, it also includes two economic, social and cultural rights – one being the right to health services.

Section 37 of Queensland's *Human Rights Act* states that:

- (1) Every person has the right to access health services without discrimination; and
- (2) A person must not be refused emergency medical treatment that is immediately necessary to save the person's life or to prevent serious impairment to the person.

Although this section is based on article 12 of the *ICESCR*, it excludes the right to the underlying determinants of health.²⁸ In the Explanatory Notes to the Bill, the Queensland Parliament stated that

this was deliberate: section 37 is not intended to encompass rights concerning the underlying determinants of health, such as food and water, social security, housing, and environmental factors.²⁹ Given that this exclusion means that the wording in section 37 is narrower than article 12, the full scope of this right is difficult to determine.³⁰

Each of these three Acts recognise a range of human rights but their protections are limited to the specific state or territory that enacted them. It means that the human rights of every person in Australia, especially in relation to the right to health, are not adequately and consistently promoted throughout the country.



ACT, VIC and QLD: How do their statutory charters of rights work?

Any new law proposed in the ACT, Victorian and Queensland parliaments must be accompanied by a statement of compatibility that considers its compatibility or incompatibility with the human rights expressed in each of the respective human rights acts.³¹ The responsible parliamentary committee must also review all legislative proposals for their compatibility with human rights.³² If a Bill is deemed incompatible or inconsistent with human rights, it is not necessarily invalid – it can still be passed by each parliament.³³

Courts and tribunals must interpret all legislation consistently with human rights.³⁴ But if courts find that a statutory provision is inconsistent with the rights contained in the Acts, it cannot invalidate or ‘strike down’ the relevant provision or Act; it can only issue a declaration of incompatibility³⁵ or a declaration of inconsistent interpretation.³⁶ The responsible Minister (or in the case of the ACT, the ACT Attorney-General) must then prepare a written response within six months and table it in parliament.³⁷ It is then up to the parliament in each state or territory to decide whether or not to change the law to eliminate the incompatibility or inconsistency.

It is unlawful for public authorities to act inconsistently with human rights or fail to properly consider human rights in any decision-making process.³⁸ In the ACT, an individual who believes that their human rights have been infringed by a public authority may commence proceedings against them in the ACT Supreme Court.³⁹ The *Victorian Charter* does not give individuals the right to commence a legal action for a potential human right infringement. Instead, an individual can only invoke the *Victorian Charter* during an existing legal dispute.⁴⁰ Queensland’s Act is similarly constructed.⁴¹ None of these Acts establishes an individual’s distinct right to damages if a human right is violated.⁴²

The human rights set out in each of these Acts are not absolute. Ultimately, the parliaments in each of these jurisdictions can pass laws that limit or are contrary to the human rights contained in the Acts if it expresses a clear intention to do so.⁴³

Victoria's 2020 public housing lockdown: A proportionate health response?

Amidst a rise of COVID-19 infections, the Victorian Government announced on 4 July 2020 that approximately 3,000 residents of nine public housing towers in Flemington and North Melbourne would be immediately detained in their homes for 14 days and unable to leave them unless in exceptional circumstances.⁴⁴ Hundreds of police officers were soon deployed to the area.⁴⁵ Restrictions were relaxed five days later over eight of the nine towers after a blitz of COVID-19 testing, but the tower located at 33 Alfred Street, North Melbourne remained in hard lockdown as a number of residents had tested positive.⁴⁶

The Victorian Ombudsman launched an investigation into the treatment of the public housing tenants to see whether the Victorian authorities had acted compatibly with the *Victorian Charter*.⁴⁷ The Victorian Ombudsman found that, even though the temporary detention of residents at 33 Alfred Street may have been an appropriate measure to contain the COVID-19 outbreak, imposing the restrictions with immediate effect – and without further preparation and specific health advice recommending this approach – was not justified and reasonable in the circumstances.⁴⁸ Significantly, the Victorian Ombudsman found that the lockdown was not compatible with the residents' human rights and their rights were not given proper consideration when the restrictions were introduced.⁴⁹

The Public Accounts and Estimates Committee of Victoria also investigated this lockdown as part of its parliamentary inquiry into the Victorian Government's response to the COVID-19 pandemic.⁵⁰ Together, these investigations found:

- Urgent requests for medication were delayed or neglected by authorities administering the lockdown. Residents were forced to rely upon family or community volunteers to collect and deliver essential supplies.⁵¹
- Residents experienced significant delays in receiving food. When it did arrive, for some residents it was culturally inappropriate and lacking basic staples.⁵²
- Residents were not given access to fresh air and exercise until a week into the lockdown.⁵³

- Some police were not wearing protective equipment, social distancing or using hand sanitiser and sometimes obstructed the delivery of food, medicine and healthcare to residents.⁵⁴

Although the Victorian Ombudsman briefly recognised article 12 of *ICESCR* and the role of the *Public Health and Wellbeing Act 2008 (Vic)* in promoting and protecting the health of people in Victoria, the investigation mainly assessed the residents' health and wellbeing, and access to healthcare under the right to life.⁵⁵ The right to health is interrelated with the right to life but is a distinct right. It has its own unique freedoms and entitlements in relation to the access to healthcare and the underlying determinants of health which deserve full recognition and consideration in health decision-making.

Within Victoria, the Flemington and North Melbourne public housing estates are known to have a higher number of residents from culturally and linguistically diverse backgrounds.⁵⁶ Culturally and linguistically diverse communities in Victoria have been disproportionately affected by COVID-19.⁵⁷ The United Nations states that these communities often have low-socio economic status and are overall subject to entrenched discrimination, which also makes them more vulnerable to harsher treatment by law enforcement under emergency measures.⁵⁸

The United Nations Office of the High Commissioner notes that although COVID-19 requires governments to take extraordinary emergency measures to protect the health and wellbeing of its population, obligations on the core content of the right to health must remain in effect even during emergencies.⁵⁹ The Victorian Ombudsman found that proper consideration of human rights would have allowed for time to communicate and better plan the public health response as it would have put health (and not security) at the forefront and would have reduced or eliminated much of the distress to residents that followed.⁶⁰

A right to health in a charter could have encouraged the Victorian authorities to ensure that any emergency measures were proportionate to the fulfilment of this right and did not discriminate against vulnerable people during a crisis.

How does the principle of non-discrimination apply to the right to health?

Non-discrimination is a key principle in international human rights law and is essential to attaining the right to health. Article 2(2) of the *ICESCR* obliges governments to guarantee that the rights in the Covenant are “exercised without discrimination of any kind as to race, colour, sex, language, religion, political or other opinion, national or social origin, property, birth or other status”.⁶¹ This list of prohibited grounds is non-exhaustive.⁶² ‘Other status’ includes sexual orientation and health status (e.g. HIV/AIDS status) and could include the denial of someone’s legal capacity because they are in prison and intersectional discrimination (e.g. where access to a service is denied on the basis of sex and disability).⁶³ As a ‘core obligation’ in the right to health, this principle means that Australia has an immediate obligation to ensure that access to healthcare and the underlying determinants of health do not discriminate and are accessible to all.⁶⁴

Although a number of Australian federal and state laws prohibit discrimination on the basis of age, race, sex, and disability,⁶⁵ these do not provide comprehensive protection against all forms of discrimination in every area related to the rights set out in the *ICESCR*.⁶⁶





What does the right to health mean for vulnerable groups in Australia?

The right to health requires our health system to be designed in a way that ensures that disadvantaged individuals and communities enjoy the same access to health as those who are more advantaged. Groups such as children, women, indigenous people, ethnic and racial minorities, prisoners, LGBTIQ+ people, people with disabilities, the elderly, asylum seekers and refugees, and homeless people each face unique barriers in attaining the highest standard of health in Australia.

Ensuring non-discrimination and equality in health means that governments must prioritise the needs of these groups to reduce their existing health inequalities. A right to health in a charter would create a legal foundation for progressive policies that target the health barriers of vulnerable groups, some of which are highlighted below.

People with disabilities

People with disabilities often have a higher risk of developing ill-health due to higher levels of poverty, discrimination, violence and social exclusion, and because of significant barriers in access to healthcare services.⁶⁷ Promoting their right to health includes targeting the attitudes and environmental and structural barriers that prevent their access to

healthcare.⁶⁸ Some of these barriers include a lack of physical accessibility of health services (especially in rural and remote areas), a lack of accessible health information (e.g. information in Braille), communication barriers (especially for children and adults with intellectual disabilities), inappropriate models of consent to medical treatment, and higher financial costs of healthcare.⁶⁹

Asylum seekers and refugees

Asylum seekers and refugees in Australia experience poorer health due to both pre-arrival and post-arrival factors, including a lack of care in their country of origin, trauma related to their forced migration experiences, prolonged detention and barriers to appropriate healthcare upon arrival.⁷⁰ Financial constraints can prevent them from accessing private services and instead depend upon community-based services in Australia.⁷¹ Other barriers include different levels of settlement support, language differences and unfamiliarity with the Australian health system and discrimination.⁷² Asylum seekers on certain visas are also excluded from accessing Medicare.⁷³ People in detention are at particular risk and are more likely to suffer from serious mental health issues.⁷⁴

LGBTIQA+ people

The LGBTIQA+ community faces its own unique challenges in accessing the health system. For example, models of consent for LGBTIQA+ children are generally insufficient to promote their health needs as individuals born with variations in sex characteristics may be subject to unnecessary medical interventions at birth.⁷⁵ Gender diverse children in out-of-home care and the youth justice system are unable to access stage two hormonal treatment without court authorisation.⁷⁶ LGBTIQA+ people experience poorer mental health outcomes and have higher risks of suicidal behaviours which are directly related to experiences of stigma, prejudice, discrimination and abuse on the basis of their LGBTIQA+ status.⁷⁷

Children

Some children are at greater risk of poorer health outcomes due to factors including geography, health literacy, and socio-economic circumstances. Children in remote areas especially are more likely to

suffer abuse or neglect, experience young parenthood, and die due to intentional self-harm, giving them a unique set of healthcare needs that need to be addressed through age-appropriate forums.⁷⁸

Aboriginal and Torres Strait Islander (hereafter Indigenous) communities

Indigenous health involves a 'whole of life' view of health involving not just the wellbeing of the individual, but the wellbeing of the whole community.⁷⁹ The whole-of-life view involves the cyclical concept of life-death-life.⁸⁰ Factors such as ongoing marginalisation, separation from culture and land, food and resource insecurity, intergenerational trauma, disconnection from culture and family, systemic discrimination and poverty have led to poorer health for many Indigenous people, as well as an increase in chronic conditions.⁸¹ The most recent Closing the Gap report found that the two health-related targets to close the life expectancy gap and child mortality between Indigenous people and non-Indigenous people are not on track to be met by 2031.⁸²



Indigenous communities and the COVID-19 vaccine rollout

In the early stages of the COVID-19 pandemic, the Australian Government appropriately recognised Indigenous communities as being at higher risk of serious infection in its COVID-19 *Emergency Response Plan*.⁸³ Accordingly, Indigenous people were recognised as a priority group in the COVID-19 vaccine rollout plan, with Indigenous people aged 55+ eligible for vaccination since March 2021 under Phase 1b, and those aged 16 – 54 eligible since June 2021 under Phase 2a.⁸⁴

However, as of September 2021, Indigenous people were significantly behind non-Indigenous people in the vaccination rollout across Australia.⁸⁵ Experts said the discrepancy in vaccination rates was mostly due to early issues with ensuring Pfizer-BioNTech vaccine supply to GPs in regional and remote Indigenous communities but was also made worse by existing inequalities experienced by Indigenous people, including access to healthcare, housing, education and employment.⁸⁶

During the mid-2021 COVID-19 outbreak in NSW, only 12.5% of the Indigenous population in NSW were fully vaccinated by the end of August 2021 compared to 30% of non-Indigenous Australians.⁸⁷ No Indigenous medical practices in NSW were supplied with Pfizer-BioNTech vaccines prior to Sydney's lockdown on 28 June 2021, despite a third of the total Indigenous population living in NSW.⁸⁸ Subsequently more than 1,000 Indigenous people in NSW contracted the virus between June–September 2021.⁸⁹ Most cases in rural communities in Western NSW, including the regional town of Wilcannia, resulted from low COVID-19 vaccine supplies, overcrowded housing, and lower access to primary healthcare services.⁹⁰ Wilcannia, for example, recorded 73 cases amidst its population of 720 as of September 2021, the highest transmission rate in NSW.⁹¹ This is despite the federal government being warned by Indigenous health services in 2020 that Wilcannia needed urgent action to avoid the catastrophe of a potential COVID-19 outbreak.⁹²

There has been evidence of Indigenous people not being sufficiently included in the planning and implementation of the rollout.⁹³ However, Indigenous communities in Victoria that have experienced a degree of vaccination success pointed towards strong partnerships between community-controlled Indigenous health services and health departments as the reason.⁹⁴ Recognising self-determination for Indigenous people and delivering health information in first languages results in higher uptake of health services and better health outcomes.⁹⁵

Part of the right to health includes governments taking steps for the prevention, treatment, and control of epidemic and other diseases.⁹⁶ In managing the COVID-19 pandemic, this requires Australia to use its maximum available resources⁹⁷ to acquire, equitably distribute, and administer COVID-19 vaccines, prioritising its most vulnerable communities first.

A right to health would encourage governments to not only recognise the health needs of Indigenous communities as a priority during a health crisis, but to take concrete steps that achieve their access to health.

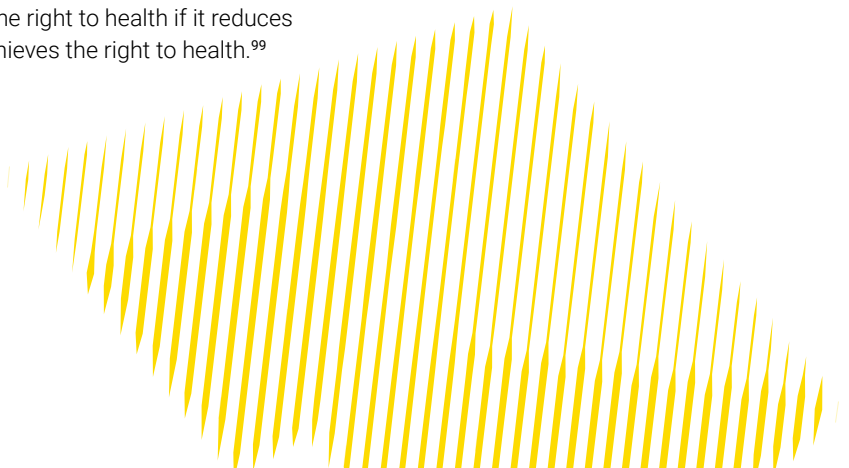
What should a health system look like to fulfil the right to health?

The United Nations Committee on Economic, Social and Cultural Rights (CESCR) states that, under the right to health, all health facilities, goods and services – including the underlying determinants of health – must be available, accessible, acceptable and of good quality.⁹⁸

| | |
|----------------------------------|--|
| Availability | All health facilities, goods and services, and programmes, must be available in sufficient quantity. |
| Accessibility | All health facilities, goods and services must be geographically and financially accessible, provided on a non-discriminatory basis, and must ensure that health information is accessible. |
| Physical accessibility | All health facilities, goods and services must be within physical reach of the entire population, including people in rural areas. |
| Economic accessibility | All health facilities, goods and services, whether publicly or privately provided, must be affordable. |
| Information accessibility | Everyone must be able to seek, receive and impart information and ideas concerning health issues. People should be given all of the information required to make an informed decision about their health. Everyone also has the right for their medical information to be treated confidentially. |
| Non-discrimination | All health facilities, goods, and services must be available to everyone without discrimination on any ground (e.g. race, colour, sex, religion, political status, national origin, disability and sexual orientation). |
| Acceptability | All health facilities, goods and services need to be designed and delivered in a way that is culturally-sensitive to the needs of various members of the community. Services must accommodate factors such as an individual's cultural background, sex and religion to ensure that patients are treated in a culturally-sensitive manner that best protects their dignity. |
| Quality | All health facilities, goods, services and programmes must be scientifically and medically sound and of a high quality. Medical personnel must be properly trained and skilled, medical procedures must be scientifically approved, and access to safe and potable water must be guaranteed. |

Source: CESCR General Comment 14

Under the *ICESCR*, a government can violate the right to health if it reduces the funding or eliminates a program which achieves the right to health.⁹⁹



Australia's health system

Responsibility for Australia's health system is divided between the federal, state and territory governments, with private health providers, local governments, and other key stakeholders also playing a role.¹⁰⁰

Australia's constitutional structure means that the Commonwealth shares jurisdiction with the states over health and healthcare policy.¹⁰¹ Under the Australian Constitution, the Commonwealth Parliament has the legislative power to make laws on the provision of pharmaceutical, sickness and hospital benefits and medical and dental services.¹⁰² Section 96 of the Australian Constitution also allows the Commonwealth Parliament to provide financial assistance to the states, on any terms and conditions as it sees fit.¹⁰³ In practice, this has meant that healthcare funding is primarily a federal responsibility while states are largely responsible for the administration and distribution of healthcare.¹⁰⁴

Medicare and the Pharmaceutical Benefits Scheme (PBS) are Australia's main healthcare programs. Under the *Health Insurance Act 1973* (Cth), Medicare provides Australian citizens and most permanent residents with subsidies for GP visits, specialists and hospital care to assist in the delivery of **affordable** healthcare.¹⁰⁵ The quality, safety and efficacy of all medicines and medical devices are regulated through the Therapeutic Goods Administration (TGA), while the PBS is the main mechanism through which medicines are made both **accessible** and **affordable** for Medicare-eligible people.¹⁰⁶

Other health programs funded by the Commonwealth include aged care¹⁰⁷ and disability services,¹⁰⁸ health services for veterans,¹⁰⁹ rural health programmes,¹¹⁰ alcohol and other drug treatment services,¹¹¹ and vaccination¹¹² and cancer screening programs.¹¹³

States manage public hospitals, primary health services, ambulance services, deliver preventive services (e.g. cancer screening and immunisation programs) and handle health complaints.¹¹⁴

The private health sector sits alongside the public healthcare system and consists of private hospitals, medical, dental and allied professionals, pharmacies, the aged care sector, most radiology and pathology services and private companies.¹¹⁵ The private sector is licensed and regulated by the federal and state governments.¹¹⁶

The National Healthcare Agreement promotes the **acceptability** of healthcare by requiring states and territories to maintain an independent body that hears complaints from individuals about the public health system.¹¹⁷ The Private Health Insurance Ombudsman hears and investigates complaints against private insurers¹¹⁸ while the Commonwealth Ombudsman hears complaints about Medicare.¹¹⁹

The Medical Board of Australia provides for the **quality** of the medical profession by developing standards, codes and guidelines for medical practitioners and establishing the registration requirements for medical practitioners and students.¹²⁰ Individual states and territories each have medical boards that support the national board.¹²¹

Local governments provide services on environmental health (e.g. waste disposal, water supply and quality and food safety monitoring) and deliver some public health services and health promotion activities.¹²²

Accessibility is also promoted through charters such as the *Australian Charter of Healthcare Rights* which outline the rights individuals can expect when accessing the healthcare system, including rights to be treated in a culturally-sensitive manner and rights to health information and privacy.¹²³ However, these types of charters are not binding and do not have legal force.

The *Australian Institute of Health and Welfare Act 1987* (Cth) provides for the Australian Institute of Health and Welfare, which collects information and statistics on Australia's health. Effective health monitoring and disaggregated data collection assists in providing a transparent image of the welfare of all Australians.

Australia's pressure points: Limitations in fulfilling the right to health

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|---------------------------|---|
| Availability | During the mid-2021 outbreak of the COVID-19 delta variant in NSW, hospitals faced significant pressure under the increasing caseload. ¹³⁷ Concerns were raised that understaffing was made worse during the outbreak, with ICUs not meeting professional staffing standards. ¹³⁸ Nurses also reported that care in non-COVID-19 ICU and other sectors were affected as staff were moved to COVID-specific units, forced to isolate after exposure or relocated to vaccination clinics. ¹³⁹ |
| Physical accessibility | People living in rural and remote areas experience physical inaccessibility to health in comparison to people living in metropolitan areas, with higher rates of hospitalisations, mortality, injury and less access to primary health care services due to their geographic isolation. ¹⁴⁰ Remote communities, especially Indigenous communities, have experienced significant issues with accessing safe, uncontaminated water . ¹⁴¹ |
| Economic accessibility | Dental care is not covered under Medicare, even though oral diseases are linked to other diseases such as cardiovascular disease, cancer and diabetes. ¹⁴² Approximately 5.7 million Australians have at least one dental or oral health issue ¹⁴³ but many Australians do not receive the recommended level of oral health care due to its higher economic costs . ¹⁴⁴ |
| Information accessibility | By the mid-2021 outbreak of the COVID-19 delta variant in primarily multicultural communities in Western Sydney, the federal government's online translated information about vaccines was discovered to be months out of date. ¹⁴⁵ Not only was official COVID-19 information in English found to be too complex, translated information and communication was initially found to be sparse, intermittent and not culturally-appropriate in many cases ¹⁴⁶ even though many culturally and linguistically diverse people experience significant language barriers in accessing health information. ¹⁴⁷ |
| Acceptability | Sexual and reproductive health services are not sufficiently providing culturally- acceptable services for migrant and refugee women in Australia. ¹⁴⁸ |
| Non-discrimination | The 'Medevac Bill' previously allowed asylum seekers and refugees in offshore detention to be brought to Australia for urgent medical treatment. ¹⁴⁹ Its repeal in December 2019 means that asylum seekers and refugees in offshore detention are prevented from accessing the same level of healthcare as Australian citizens because of their legal status. ¹⁵⁰ |
| Quality | The recent Royal Commission into Aged Care Quality and Safety exposed horrific cases of widespread abuse and neglect of elderly people in aged care, revealing serious issues about the quality of aged care services. ¹⁵¹ The NDIS is also facing a high number of allegations of abuse and neglect. ¹⁵² |

Struggling to access the National Disability Insurance Scheme

The National Disability Insurance Scheme (NDIS) is a federal scheme that funds costs associated with disabilities. The *National Disability Insurance Scheme Act 2013* (Cth) requires that a person meet certain age, residency and disability or early intervention requirements to be eligible for the NDIS.¹²⁴

A person is eligible for the NDIS if:

- They are under the age of 65;
- They are an Australian citizen or permanent resident;
- They have a disability that is due to a permanent and lifetime impairment; and
- Their impairment substantially reduces their ability to participate in everyday life.¹²⁵

While the NDIS has made progress in improving access to its services,¹²⁶ many people with disabilities still struggle to meet its strict eligibility requirements and receive its support.

For example:

- The co-existing nature of health issues means that many find it difficult to prove the ongoing and permanent nature of their disability and identify the correct service system for needs, which means they often fall through the cracks of the health system.¹²⁷ *The Australian* has reported that two children suffering from chronic intestinal pseudo-obstruction (a rare condition that makes it impossible to absorb nutrients from food) were ineligible for NDIS as their disease has an 'underlying medical cause' and the scheme is not designed to cover support for medical expenses.¹²⁸

- When people with disabilities first enter the prison system, staff do not have the time, training or tools to identify people with disabilities and their support needs.¹²⁹ The lack of disability assessment prevents persons with disabilities from becoming NDIS participants and developing NDIS support plans before community release.¹³⁰
- The requirement that the relevant impairment is permanent disqualifies people with psychosocial disabilities (which are episodic in nature) but have demonstrable need for assistance.¹³¹ It fails to account for how psychosocial disabilities can be difficult to classify as permanent.¹³²
- The age limit of 65 means that older persons with disabilities must rely on aged care that often lacks specialist disability support.¹³³
- Young people with disabilities who do not live with their family or carers, or without stable housing, face challenges in collecting the necessary paperwork and evidence to support their applications.¹³⁴ People who experience financial hardship generally find it difficult to prioritise the NDIS access process when their focus is on their basic and immediate needs.¹³⁵
- The residency requirements means that children with severe disabilities on special category visas but who were born or have lived in Australia for most of their lives are still ineligible.¹³⁶

A right to health would encourage policymakers to improve the NDIS eligibility requirements to ensure that it is truly available and accessible for people with disabilities and does not discriminate (whether directly or indirectly) against the vulnerable individuals it should aim to support.



Our most urgent health emergency: climate change

The World Health Organisation has declared that climate change is the “greatest threat to global health in the 21st century”.¹⁵³ Climate change is already severely impacting the underlying social and environmental determinants of the right to health in Australia, including clean air, safe drinking water, adequate housing and food, economic security, social relationships, and community life.¹⁵⁴

The 2019-2020 Black Summer bushfires, exacerbated by climate change,¹⁵⁵ burned across south-eastern Australia and had devastating health impacts. Many people breathed in toxic, polluted air for months.¹⁵⁶ A study estimated that exposure to bushfire smoke caused people to experience significant cardio-respiratory issues and contributed to at least 417 deaths and more than 3,000 hospitalisations.¹⁵⁷ The overall long-term health impacts of the bushfires are still not fully known, however there are already concerns about the effect of bushfire smoke exposure on pregnant women.¹⁵⁸

Climate change is also increasing the duration, frequency and intensity of heatwaves in Australia.¹⁵⁹ Heatwaves can cause heat exhaustion, increase the risk of illness and death among people with pre-existing medical conditions, and increase mortality.¹⁶⁰ As the adverse impacts of heatwaves on human health grow, health and emergency services experience greater demand and pressure.¹⁶¹

Food and water security is also under threat. Droughts can both destroy crop production and cause significant mental health issues in rural communities, including personal distress and the loss of community networks.¹⁶² Rising temperatures and rainfall variability are also increasing the risk of vector-borne, food-borne and water-borne diseases in Australia.¹⁶³

The health impacts of climate change will not be experienced equally. Women, young people, the elderly, people with disabilities, people from Indigenous and rural communities, people with pre-existing health conditions and people from

lower socio-economic backgrounds will be disproportionately affected.¹⁶⁴ Indigenous people are particularly vulnerable to the impacts of climate change because of their close connection to nature and dependence on wildlife, plants and healthy ecosystems for food, medicine and cultural needs.¹⁶⁵ Many Indigenous communities depend on ecosystems that are vulnerable to the effects of climate change, including floods, droughts, heatwaves, bushfires, and cyclones.¹⁶⁶

The Intergovernmental Panel on Climate Change (IPCC) has recently warned that there is now only a narrow path to avoid climate catastrophe, but only if governments make immediate, deep and sustained emissions reductions.¹⁶⁷ Although Australia has committed to the Paris Agreement targets of holding global warming below 2° celsius and achieving global net-zero emissions by 2030, there is currently no national policy mechanism that ensures Australia is meeting these targets.¹⁶⁸ Climate change is not mentioned at all in Australia’s ‘Long-Term National Health Plan’ or listed as a national health priority.¹⁶⁹

In 2019, five UN human rights treaty bodies stated that a government’s failure to take measures to prevent foreseeable human rights harm caused by climate change, or to regulate activities contributing to that harm, could constitute a human rights violation.¹⁷⁰

In October 2021, the Australian Human Rights Institute, along with The George Institute for Global Health and the Institute on Inequalities in Global Health, University of Southern California will host a major conference examining *‘Health and Human Rights in the Climate Crisis: Charting Challenges and Solutions’*.

humanrights.unsw.edu.au/conference

How could a charter of rights make a difference in Australia?

A national charter of rights and freedoms would benefit the entire Australian community and have an important impact on the protection of health rights in Australia.

A charter would do three things:¹⁷¹

- Ensure governments consider people's human rights when creating new laws and policies, and also when delivering services (e.g. aged care, Medicare and disability services). Government decisions and actions would be guided by values of **freedom, equality, and dignity**.
- Enable people to take action and **seek justice** if their rights are violated.
- List all of our rights and freedoms in one place, so everyone from school children to new Australians can **know** their **rights** and **freedoms** and facilitate the realisation of their rights.

In short, a charter would help **prevent human rights violations**, provide a **powerful tool for challenging injustices** and foster a culture of **understanding and respect** for human rights.

A right to health would help promote the principles of accessibility, availability, acceptability and equality consistently in health systems across Australia and would be a powerful first step in achieving equal access to health for everyone, regardless of background.

In 2009 the National Human Rights Consultation Report found that, generally, a national charter of rights would: redress the inadequacy of existing human rights protections, ensure greater protection of the rights of marginalised people, improve the quality and accountability of government to the people and contribute to a culture of respect for human rights.¹⁷² These imperatives remain.



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